



FEBRUARY 2023

# 4-H Family News

Wayne County



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# WAYNE COUNTY CURRENT EVENTS

MICHIGAN STATE UNIVERSITY | Extension

**BE A CAREER BUILDER**

FEBRUARY 27, 2023 AT 7PM  
MARCH 2, 2023 AT 2PM

ADULTS ARE INVITED TO A FREE WEBINAR ON THE 4-H BUILD YOUR FUTURE CURRICULUM TO USE WITH YOUTH




## ADULTING 101: INSURANCE

Are you ready to leave for college or be out on your own? Are you prepared to do adult tasks and have skills to be successful? Michigan State University Extension's FREE *Adulting 101* programs help teenagers and young adults demystify the obscure reality of being an "adult" through engaging educational sessions.

Are you confused about how medical insurance works? Have you ever wondered what a deductible is...what the difference is between an HMO and PPO plan...and why knowing your out-of-pocket maximum is important? Understanding medical insurance can be tricky!

To learn more about *Adulting 101*, go to <https://www.canr.msu.edu/events/adulting-101-insurance>

Date and time: February 23, 6:00 PM

## BUILD YOUR FUTURE CURRICULUM WEBINAR

You can be a future builder! Help youth gain skills in career exploration, skill awareness, interviewing, resumes and professional growth. Learn how to utilize the *Build Your Future: Choices, Connections, Careers* curriculum during this free webinar. Any adult who works with youth is welcome. A curriculum set is available for active participation.

For more information and to register, go to <https://www.canr.msu.edu/events/build-your-future-feb27> or <https://www.canr.msu.edu/events/build-your-future-mar-2>

Date and time: February 27, 7:00 PM or March 2, 2:00 PM

## 4-H FUTURE SQUAD

*4-H Future Squad* was inspired by Generation Z youth seeking life skill development for a better future for themselves and their peers. This program is designed to help youth (age 12-19) feel prepared and ready to take on the future and adulthood.

Meetings will involve team-building and will cover areas such as money management, career readiness, stress management, goal setting, time management, communication, politics, food safety, and basic household tasks. Youth active in the club are eligible for scholarships to state 4-H events like Capitol Experience, Exploration Days and Vet Science Camp. Meetings take place over Zoom.

To join 4-H Future Squad, <https://www.canr.msu.edu/4-h-future-squad/join-future-squad>

Date and time: October 2022 – March 2023, 6:30 – 7:30 PM





# WAYNE COUNTY CURRENT EVENTS

## YOUTH AND TEEN TEXTILE PROGRAM



If you or a youth you know has an interest in creating clothing & creative fashion items, visit Wayne County 4-H at Taylor Community Library to learn the foundations of textiles! Each week, youth and teens can learn how to operate sewing machines, Cricuts, and vinyl press machines to create and customize clothing, hats, bags, and many other fabric-based crafts. This program is aimed toward youth ages 8 - 19, with a limit of 12 attendees per event. Materials and tools will be provided.

To learn more, go to <https://taylor.lib.mi.us/event/2023-02-02>

Date and time: Thursdays (ends March 2), 5:30 – 7:00 PM

Location: Taylor Community Library, 12303 Pardee Rd, Taylor, MI

## MINDFUL ME

Mindfulness is a valuable skill, for adults and youth alike. *Mindful Me* is a free program to promote mindful practices that lead to improvements in managing one's goals, developing a sense of self, managing time and stress, regulating emotions and eating mindfully.

Date and time: Thursdays (ends February 23), 4:00 – 5:00 PM

Location: Kemeny Recreation Center, 2260 S Fort St, Detroit, MI

## SEWING 101

From mends and repairs, to construction and creation, the world of sewing is vast! Join Wayne County 4-H at Kemeny Recreation Center for an introduction to both hand and machine sewing. Participants will create a new project each week as they progress. This program is aimed toward youth ages 10 - 19.

Date and time: Saturdays (ends February 25), 2:00 – 3:30 PM

Location: Kemeny Recreation Center, 2260 S Fort St, Detroit, MI





# WAYNE COUNTY UPCOMING EVENTS

## 4-H SPRING DAY CAMP AT HIGHLAND PARK RECREATION DEPARTMENT



Looking forward to spring, and searching for fun to fill the sunny days? Join 4-H in Highland Park for Spring Day Camp! For youth aged 6 - 12, this camp has a variety of exciting activities, including photography, textile art, mindfulness, yoga, plant science, kitchen science, arts and crafts, and more.

For more details, contact Kathy Henderson at 313-221-0142.

Registration will open in February.

Date: March 27 – 30, 9:00 AM – 4:00 PM

Location: Highland Park Recreation Department, 2260 S Fort St, Detroit, MI

## CASH COMPOSITION CONTEST

Money, money, money! In honor of Financial Awareness Month held each April, Michigan State University Extension 4-H is coordinating the *Cash Composition Contest*. Youth residing in Michigan, age 9-12 as of (January 1, 2023) are encouraged to answer this year's contest where they will write a short (300 words or less) essay about needs and wants. The 5 top scoring essays will each win a \$100 gift card thanks to the generous sponsorship by Extra Credit Union. Contest registration and essay submission must be complete by April 30th.

For more details go to: <https://www.canr.msu.edu/4-h-money-smarts/money-smart-kids-contest>





## Meet the Newest Members of the Wayne County 4-H Team



### Ashleigh Apel, 4-H Program Coordinator

Please welcome Ashleigh Apel, Wayne County's newest 4-H Program Coordinator. Ashleigh's previous work experience includes Child and Youth Program Assistant for the U.S. Army in Warren, Outreach Specialist for the Girl Scouts Heart of Michigan, and an AmeriCorps member with the 4-H STEAM Corps in Ingham County. As a proud 12-year member of 4-H in Wayne County, Ashleigh was an Ambassador, teen leader, club president, protégé teacher, mentor, and now an adult volunteer. She raised and showed poultry, rabbits, swine, sheep, and beef and received the Master Stockman award for performance in all livestock projects areas on two different occasions.

Ashleigh's career goal is to positively influence youth and to provide them with the resources they need to be successful in adulthood. She has a Bachelor's Degree in Animal Science and a Master's Degree in Youth Development, both from MSU!

In her free time, Ashleigh enjoys the great outdoors (camping, hiking, kayaking, etc.), gardening, traveling to new places, and when she is not busy exploring, likes relaxing at home with her two dogs, Oreo and Georgie, and her two cats, Oliver and Nala. Ashleigh can be reached at [apelashl@msu.edu](mailto:apelashl@msu.edu).

### Waverly Eubank, 4-H Program Instructor

Please welcome Waverly Eubank as the new 4-H Program Instructor for the *(STOP) School Violence Grant Program* in Wayne and Macomb Counties. As a member of the Youth and Teen Mental Health First Aid program team, Waverly will train 10th/11th graders in teen mental health first aid and plan a graduation or commencement ceremony to acknowledge students who complete the training. She will develop sustainability plans, and train mental health first aiders to extend their school-based mental health wellness supports.

Waverly recently worked as a Temp on Call and provided administrative support for MSU Extension and 4-H in Wayne County. She received a Bachelor of Arts in Political Science from Grand Valley State University.

In her free time, Waverly enjoys playing video games, reading, and trying new craft projects. Waverly can be reached at [eubankwa@msu.edu](mailto:eubankwa@msu.edu).





## Meet the Newest Members of the Wayne County 4-H Team



### Amy Harris, 4-H Program Assistant (Part-Time)

Amy Harris is a lifelong member of 4-H and has a passion for sharing her knowledge gathered from within the program and her agriculture lifestyle. Amy held various teen leader positions as a member, participated in Exploration Days as well as numerous beef, sheep, and swine workshops. As a 4-H volunteer, Amy was the swine barn superintendent and is currently the assistant beef and dairy barn superintendent. She also served as the Master Stockman chairperson and record book co-chair.

### Megan Richendollar, 4-H Program Assistant (Part-Time)

Megan Richendollar served four years as a 4-H member and worked with pigs and goats and participated in photography, art and archery. She served as Protégé mentor, Ag Innovator and World Food Prize facilitator through MSU. As an AmeriCorps member in Wayne County, Megan delivered STEAM related programs to youth titled 'Up and Atom' and 'Never BORON'. She also utilized Apple iPads as part of the 4-H Creative Clovers program. Megan is currently studying elementary education at EMU.





# STATEWIDE 4-H NEWS

## Register today for Michigan 4-H Capitol Experience!

At Michigan 4-H Capitol Experience, teens learn how to change the world for the better through engagement in Michigan's state government and public policy process. The 4-H Capitol Experience program, scheduled for March 12-14, in Lansing, has been described by past participants as "amazing", "life-changing", and "an opportunity unlike any other".

The three-day event, open to high-school-aged youth, includes tours of the Michigan Capitol, interactions with state legislators, meetings with state agency staff, lobbyists and state-level experts and learning how policy is made. During the program, youth work in small teams to draft legislation on agriculture, civil rights, education, energy, environment and natural resources, health or law enforcement and corrections.

The cost to register in 2023 is \$365, which includes meals, material fees and lodging at the Radisson Hotel in downtown Lansing. Please contact your local 4-H program coordinator to inquire about local funding opportunities. Scholarships may also be available through your local Farm Bureau office.

Registration is open until February 13. To find out more, visit [https://www.canr.msu.edu/4\\_h\\_capitol\\_experience/](https://www.canr.msu.edu/4_h_capitol_experience/).



## World Food Prize Michigan Youth Institute registrations due March 15!

As millions across the globe deal with food insecurity, the World Food Prize Michigan Youth Institute (WFP MIYI) offers young people an opportunity to be part of the solution. Held May 11 in East Lansing, or by participating from anywhere else using Zoom video/web conference technology, the event seeks to inspire and prepare the next generation of global leaders to end world hunger.

Attendees will have the opportunity to share their ideas related to global food security with experts and other Michigan youth while learning how university faculty and staff members, researchers and students are working to address world hunger.

To participate, youth should be in grades 7-12 and register by the March 15 deadline. As part of the registration process, youth are required to prepare a two- to five-page research paper about a developing country and one of 20 key factors that affect food security. At the event, youth present and discuss their papers with other attendees and research and industry experts. They also participate in interactive activities related to global food challenges and engage with area experts to discuss solutions to global hunger and poverty.

The top performing students at the WFP MIYI will be selected to attend the World Food Prize Global Youth Institute in Des Moines, Iowa, in October. For more information, visit <https://www.canr.msu.edu/wfpmiyi/>. Registrations and papers are due March 15.



# STATEWIDE CALENDAR OF EVENTS

## 4-H Day at the Breslin & 4-H Alumni Tip-Off Reception



Make plans for a fun day in East Lansing on February 12! Join with other members of the 4-H community for 4-H Day at the Breslin and cheer on the MSU Women's Basketball game as they take on Penn State.

Attendees will also enjoy 4-H games and activities around the concourse. Tickets are free to 4-H youth and their families as well as 4-H volunteers and their families. Learn more at [www.canr.msu.edu/events/4-h-day-at-the-breslin](http://www.canr.msu.edu/events/4-h-day-at-the-breslin).

4-H alumni can also take part in a special pre-game event: the 4-H Alumni Tip-Off Reception. Enjoy networking and fun with other 4-H alumni before the game. Learn more at [www.canr.msu.edu/events/4-h-alumni-tip-off-reception](http://www.canr.msu.edu/events/4-h-alumni-tip-off-reception).

### February 14: Wild Spartans Series – Black River Lake Sturgeon Facility, Management of a Threatened Species

*Online*

Meet Doug Larson, research assistant at the Black River Sturgeon Facility. Learn about his field work, and the education and career path he followed to get there.

[www.canr.msu.edu/events/wild-spartans-series-february-2023](http://www.canr.msu.edu/events/wild-spartans-series-february-2023)

### February 23: Adulting 101 – Insurance

*Online*

Confused about how medical insurance works? Join this session to learn the basics.

[www.canr.msu.edu/events/adulting-101-insurance](http://www.canr.msu.edu/events/adulting-101-insurance)

### February 25: 4-H Leader Meet

*MSU campus, East Lansing*

Enjoy a variety of fun and interactive sessions, informative presentations, and useful tips for meetings. Open to all 4-H teen leaders and Gold Level volunteers. Wayne County Gold Level volunteers may also attend and have a chance to receive goodies.

[www.canr.msu.edu/events/4-h-leader-meet-2023](http://www.canr.msu.edu/events/4-h-leader-meet-2023)

### February 28: Michigan 4-H Volunteer Webinar – Building the Value of Your 4-H Club

*Online*

A webinar series that will provide Michigan 4-H volunteers with a variety of learning opportunities to help them grow as a volunteer and support Michigan 4-H'ers.

[www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-building-the-value-of-your-4-h-club-7pm](http://www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-series-building-the-value-of-your-4-h-club-7pm)

### March 3-5: Michigan 4-H Dairy Conference

*Roscommon*

This weekend workshop will focus on all things dairy cattle nutrition. MSU and MSU Extension faculty, industry partners, and MSU students will lead educational sessions. Open to MSU Extension Gold Volunteers and 4-H youth (ages 12-19). Register by Feb.8.

[www.canr.msu.edu/events/2023-michigan-4-h-dairy-conference](http://www.canr.msu.edu/events/2023-michigan-4-h-dairy-conference)

### March 4: 4-H Shooting Sports Instructor Certification Workshop

*Ralph A. MacMullan Conference Center, Roscommon*

Interested in leading shooting sports with a 4-H club? Become a certified instructor at this one-day, hybrid workshop! Register by Feb. 15.

[www.canr.msu.edu/events/4-h-shooting-sports-instructor-certification-workshop-ram](http://www.canr.msu.edu/events/4-h-shooting-sports-instructor-certification-workshop-ram)

